

2012 Team Roster: Elizabeth Wittmaack

by [Team Rev3 Triathlon](#) on Friday, November 18, 2011 at 2:31pm



Elizabeth Wittmaack- a 30 year old former corporate rat that quit her job and sold her crap to become a full time triathlon coach. She started her own coaching business, Ridgewood Tri Athlete (RTA) to help athletes get to their finish lines in the best shape possible! Her fiance, Chris, has since quit his life in the fiance world and has joined as a partner in this endeavor. They're living the dream...coaching others and training with each another! She loves a good BBQ and a salty Margarita, and loves going up to her super cool apartment in Lake Placid and snowshoeing on the trails in the winter. She has 3 men in her life that make her really happy-- Chris - soon to be husband, Jackson- incredibly sexy Cervelo, and Mexican jumping dog, Carlos.

2012 goal: Goal for 2012 is to complete at least one snowshoe run race!

Why are you stoked to be on Team Rev3?

Triathlon is about family and REV3 recognizes that. They value all those people that support, encourage, and motivate us in our journey to the finish line. This Team is a prime example of Rev3 not only supporting the families that support them but actually going so far as to create one. I am so proud to be a part of this family and I have NO DOUBT that each one of these team members will become an extension of that support and love that I get from my own.

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